

GLUTEN FREE ALTERNATIVES

Listed below are menu suggestions that we trust contain no known traces of gluten. Please be aware that, because of logistical constraints, Connors cannot maintain separate, sterile, grill & frying areas for the preparation of the numerous items that could cause allergic reactions. We will assume no liability for the possibility that traces of gluten may be transferred in the grilling or frying process or the use of utensils in accordance with our normal cooking procedures. This could potentially result in an allergic reaction causing discomfort or gastric distress.

Also be aware that our service staffs are not experts in food allergies or diseases related to allergies, nor do they possess an involved knowledge of all ingredients within products or seasonings. Therefore, any questions concerning our menu should be directed to the manager on duty or to our Corporate Office.

APPETIZERS & SMALL PLATES

JUMBO SHRIMP COCKTAIL
BLUE POINT OYSTERS
AHI TUNA STACK ~ no ginger lime marinade or sesame wontons
LOBSTER DIP
ISLE OF SHELLFISH
TRUFFLED DEVILED EGGS

SALADS

HOUSE SALAD
CAESAR SALAD ~ no croutons
GRILLED CHICKEN SALAD ~ no marinade/no wontons
STEAK CAESAR SALAD ~ no seasoning on steak, no croutons
BABY SPINACH & STRAWBERRY SALAD
WEDGE SALAD

SIGNATURE CUTS

ALL STEAKS (except PRIME RIB) are gluten free if prepared with “no seasoning.”
PORK TENDERLOIN ~ no seasoning & no demi-glace
LAMB CHOPS ~ no seasoning & no demi-glace

STEAK TOPPINGS

BOURSIN CHEESE & TOBACCO ONIONS ~ no tobacco onions
BLUE CHEESE BUTTER & RED WINE REDUCTION
SCAMPI ~ no marinade on shrimp
OSCAR
BLACK TRUFFLE BUTTER

SEAFOOD SPECIALTIES

SHRIMP & GRITS ~ no grits & no andouille cream sauce
CILANTRO LIME GRILLED SHRIMP ~ no marinade
ATLANTIC SALMON
CAJUN RED GROUPER
CHILEAN SEA BASS
ALASKAN KING CRAB LEGS
COLD WATER LOBSTER TAIL

POULTRY

8 OZ. GRILLED CHICKEN ~ no marinade

(PLEASE SEE REVERSE SIDE FOR SANDWICHES, SALAD DRESSINGS, SIDE ITEMS, DESSERTS, LUNCH MENU & CHILD MENU)

SANDWICHES & BURGERS

PHILLY-STYLE CHEESESTEAK ~ no bun or au jus
CONNORS REUBEN ~ no bread
GRILLED CHICKEN CLUB ~ no marinade or bun
CLASSIC SWISS BURGER ~ no bun or seasoning
BOURSIN BURGER ~ no bun, seasoning, or tobacco onions

SALAD DRESSINGS

RANCH
BLUE CHEESE
HONEY MUSTARD
BALSAMIC VINAIGRETTE
SWEET VINAIGRETTE
1000 ISLAND
AVOCADO GREEN GODDESS
OIL & VINEGAR
CAESAR

SIDE ITEMS

BAKED POTATO (butter, sour cream, cheese, bacon & chives)
GARLIC HERB MASHED POTATOES
FRENCH FRIES
COLE SLAW
FRESH STEAMED BROCCOLI
GRILLED ASPARAGUS
SWEET POTATO FRIES
TRUFFLED DEVILED EGGS
FRESH FRUIT MEDLEY
SAUTEED SPINACH
BRUSSELS SPROUTS

DESSERTS

HOMEMADE VANILLA ICE CREAM
CRÈME BRULEE
STRAWBERRY SHORTCAKE ~ no pound cake

LUNCH MENU (in addition to those on first page)

GRILLED CHICKEN CAESAR SALAD ~ no marinade or croutons
GRILLED SALMON CAESAR SALAD ~ no croutons
GRILLED SALMON HOUSE SALAD
STEAK CAESAR SALAD ~ no seasoning on steak, no croutons
ANGUS CHOPPED STEAK ~ no seasoning
7 OZ LUNCH SIRLOIN STEAK ~ no seasoning
GRILLED CHICKEN ~ no marinade
RAINBOW TROUT
PORK TENDERLOIN ~ no seasoning & no demi-glace

CHILD MENU

CHILD BURGER ~ no bun or seasoning
CHILD GRILLED CHICKEN TENDERS ~ no marinade